



Red Flags - Prep Readiness

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“Red Flags”

This refers to:

Areas of concern at various stages of development.

Here we have considered areas relating to the ages of 4 to 5 years - as children prepare to enter their Prep year of schooling.

If you note that your child has difficulties with any or all of these areas, it is beneficial to reach out to a healthcare provider.

Depending on the area this might be your Doctor, Occupational Therapist, Speech and Language Pathologist or Physiotherapist.

They can assess relevant areas of development and form a plan with you, to support any areas as needed.



As a parent you may have an innate sense that your child's skills are not at the expected level for their age, or that difficult behaviours are likely to relate to an underlying lagging skill.

If unsure, please seek further advice and support.

Red Flags = When challenges in the following areas happen regularly / consistently

- Lack of consistent dominance
- Using whole hand grasp patterns for tools or smaller items
- Not engaging in pretend play
- Limited interactions with peers in play environments
- Speech which lacks clarity or can be difficult for others to understand
- Difficulty following instructions including 1 to 2 step directions
- Resistance to trying new experiences
- Difficulty transitioning between activities when needed
- Unable to focus on an activity for around 10 to 15 minutes
- Fatigues quickly compared to peers
- Gives up on tasks easily and is readily frustrated
- Difficulty calming themselves when they have been upset
- Self-care tasks are difficult including putting on clothes, coping with bath and bedtimes

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Consider:

“A child will if they can”

(Dr Ross Greene)

“When demands placed upon us outstrip the skills we have to respond adaptively to those demand there is a clash of forces “

This can result in challenging behaviours

By supporting and developing the skills or changing the expectations and environment, we can support children to achieve their best